



# From desperation to the creation of a future

## Symposium

Organized by the Ukrainian Child-Analytic  
Research Group During War and the  
Dutch Psychoanalytical Society

Friday **January 17th** & Saturday **January 18th**  
2025

**INPAV**  
*Psychoanalyse*

# Friday January 17<sup>th</sup> 2025

## 17.30 **Reception**

Coffee, tea, non-alcoholic drinks, sandwiches

## 18.00 **Opening of the symposium**

*Introduction by Jaap Ubbels, chair*

## 18.15 – 19.30 **Documentary film: A picture to remember. Director: Olga Chernyk**

This highly awarded documentary at the IDFA-festival 2023 starts and ends with a visual and auditory imagination of the brutal Russian air raids on Kyiv in the early morning of February 24th, 2022. Though warned before, Ukraine was not ready and a fragile equilibrium within a history of traumatization collapsed into a nightmare. In the documentary, the voice of the author leads us through decades of family archives as well as the events of the Russian war against Ukraine since 2014. The elliptical and mosaic nature of memory is of the sort that cannot be destroyed or taken away. This provides the main character with the strength to move forward. Visual poetic and metaphoric shots of the family history in Donetsk and Kiev forge an emotional link to the future.

## 19.30 – 20.00 **Discussion**

20.00 – 20.30 Coffee break

## 20.30 – 21.00 **Investing in future: psychoanalytic work with adolescents in the time of war**

*Presenter: Maria Budya (currently living in Veghel, the Netherlands)*

In the face of such traumatic global events as war, adolescents with their disturbed, fragile and emotionally unstable psychic world are the most vulnerable. This paper is an attempt to investigate in clinical work with adolescent patients (with different backgrounds and current circumstances but all traumatized by war) how our psychoanalytic work can help them to recover their developmental abilities. How to help adolescents to fulfill their developmental tasks, investing in their (and our Ukrainian) future?

21.00 -21.15 *Comments: Leontine Brameijer*

21.15 -21.30 Discussion

# Saturday January 18<sup>th</sup> 2025

09.30 Reception

10.00 -10.45 **How we played under fire: chronicles of the research teamwork**

*Anna Kravtsova (Charkiv)*

In this paper the creation, goals and methods of the Ukrainian Research Group of Child Psychoanalytic Psychotherapists are presented. The group process of traumatized psychoanalysts working with traumatized children and their traumatized parents under external fire and bombardments, suffering of many losses and internal, emotional shocks, will be analyzed. The aim of the psychoanalytic research group is to preserve the ability to think, fantasize and play. Also, to preserve the very ability of human hearts and minds to contain and to symbolize something extremely valuable. Some results of psychoanalytical work in the group will be presented. During an enduring war, this work has a profound clinical impact for bridging desperateness into creating a future.

10.45 *Comments by Wouter Gomperts*

11.00 -11.30 Book presentation and discussion

11.30 -12.00 Coffee break

12.00-12.30 **The experiences of forced migration in times of war**

*Maryna Kuznetsova (currently living in IJsselstein, the Netherlands)*

In her paper Maryna Kuznetsova reflects her work with Ukrainian families in the Netherlands. All Ukrainian families were unprepared and not ready for a forced emigration. All suffered under the same events, but their experiences, even within one family, were sometimes quite different. The paper focusses on the sense profound loneliness, especially in traumatized children struggling with feelings of incomprehensibility, injustice, envy. How to help these children in creating hope for a new future?

12.30 – 12.45 *Comments by Nelly Vlietstra*

12.45 – 13.15 Discussion

13.15 – 14.00 Lunch

14.00 – 15.30 **Case presentations by Ukrainian psychotherapists**

15.30 -16.00 **Closing of the Symposium**

# Personal Details

**Leontien Brameijer** is clinical psychologist and training psychoanalyst of the Dutch Psychoanalytical Society. At the Tbilisi conference in 2023 Trauma, ethnicity and war in the consultation room, she presented a paper “Child psychoanalysis in times of war: trauma and the inner world”.

**Marya Budya** is clinical psychologist and an IPA-psychoanalyst from Kyiv. She is in training for the IPA-recognition as Child and Adolescent Psychoanalyst. She is currently living in Veghel, the Netherlands, working in private practice and Ukrainian refugee centers in the Netherlands.

**Wouter Gomperts** is clinical psychologist, training and supervising psychoanalyst of the Dutch Psychoanalytical Society. At the Tbilisi conference Trauma, ethnicity and war in the consultation room in 2023, he presented a paper “The background on the foreground: ethnicity, transference-countertransference in the psychoanalytic encounter”.

**Anna Kratsova** from Charkiv is IPA-training psychoanalyst and IPA-C/A psychoanalyst, member of the Ukrainian Psychoanalytic Society. She is Developmental Director of the Early Intervention Institute (Charkiv, Ukraine).

At the Tbilisi conference Trauma, ethnicity and war in the consultation room in 2023, she presented the paper:

*“Protecting inner reality when external reality collapses. Psychic survival of Ukrainian child-patients in psychoanalytical psychotherapy and their psychotherapists during war and forced migration”.*

**Maryna Kuznetsova** is a clinical psychologist, psychoanalytical psychotherapist from Dnipro, currently living in IJsselstein, the Netherlands. She is working as a counselor for Ukrainian families.

**Jaap Ubbels** is C/A-psychiatrist (not practicing) and supervising psychoanalyst and C/A-psychoanalyst of the Dutch Psychoanalytical Society. At the Tbilisi conference Trauma, ethnicity and war in the consultation room in 2023, he presented a paper “‘Nothingness’ and narrative identity in a traumatized child”.

**Nelly Vlietstra** is C/A psychiatrist, training and supervising psychoanalyst and C/A-psychoanalyst of the Dutch Psychoanalytical Society. She is supervisor of a group of Ukrainian C/A-psychotherapists working in the Netherlands.

# Locatie

'Huis van de psychoanalyse',  
Olympiaplein 4,  
1078 AB Amsterdam.

Online deelname is mogelijk.

# Inschrijving

Het symposium staat open voor alle professionals in de Nederlandse en Belgische GGZ. Speciaal leden van de NPAV, NVPP, VKJP en de kinder- en jeugdafdeling van de Nederlandse Vereniging voor Psychiatrie worden uitgenodigd. Datzelfde geldt voor vergelijkbare Belgische verenigingen

Inschrijfgeld: 150 Euro voor aanwezigheid in de zaal; 40 Euro voor deelname online.

Wanneer er een positief saldo is, zal dit bedrag ten goede komen aan de psychische hulpverlening aan Oekraïense vluchtelingen.

The symposium is open for all mental health professionals.

Fee for attending: 150 Euro in the room; 40 Euro online. A positive balance will be donated to mental health aid of Ukrainian refugees.

Via de website [www.symposiumpsychoanalyse.nl](http://www.symposiumpsychoanalyse.nl). onder vermelding van BIG-registratie of IZIV-nummer.

Subscription via website.

# Inlichtingen:

Secretariaat NPAV [info@npav.nl](mailto:info@npav.nl)